



FERNDALE GOLDEN EAGLES

2023 Varsity Girls Cross Country



Name	Year	Name	Year
Carley Burchard	9	Ava Martinez	12
Annabelle Carmichael	9	Cara Retasket-Sampson	9
Julia Chao	12	Alyssa Stamm	11
Kayleigh Hurd	12	Lina Veliz	12
Emma Karber	10	Claire Walker	9
Kayla Lee	9	Grace Wright	9
Isabella Mam	9	Kendra Ziesing	9
Katie Manly	11		

Head Coach

Nick Carlson

Assistants

Peter Finstuen

Athletic Secretary

Katie Kruckeberg

Superintendent

Kristi Dominguez

Principal

Rav Dhillon

Asst Principal

Karli Koning

Ben Goodwin

John Jensen

Athletic Director

Eric Tripp

Athletic Trainer

Melina Avinon

Tom Diimmel



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